

### **USDA-compliant menus and nutritionally balanced offerings in the school cafeteria battle obesity and foster partnering with parents for healthier children**

Nutritional Analysis from LunchBox can be a positive influence on setting standards for good eating habits for your students. LunchBox was the first school food service management system to be USDA Certified on the Child Nutrition 10 database.

With recent heightened awareness of the problem of childhood obesity, parents are increasingly concerned about the food being served in the school cafeteria. Nutritional Analysis from LunchBox, when combined with innovative school nutrition products such as Nutri-Café, provides an opportunity to include parents in meal selection and to know that nutritious meals are available at school.

If you are creating a menu and it includes too much or too little of a specific nutrient, there is an automated search to help you find suitable substitutes so that you can certify your planned menus against an RDA. Recipe instructions accommodate the addition of HACCP notes, providing a permanent, traceable record of how HACCP requirements are being met.

LunchBox Menus and Nutritional Analysis are sold as a unit. These modules can be bought at a discount when purchased as part of the Site Manager Suite.



### **Other benefits that LunchBox Nutritional Analysis brings to your operation...**

- Certify your cafeteria menus according to the most recent USDA database.
- Create and manage recipes using USDA or custom-defined ingredients.
- Create and certify menus with multiple RDA categories.
- Quick Recipe and Menu nutritional evaluation.
- Menu Plans accessible to parents and students with Nutri-Café.
- A wide array of reports and helpful search options are available. Some examples are:
  - Listing of the nutrient values for an RDA Category.
  - Comparison of a planned menu versus RDA Category over a 1 Day, 1 Week, or 2 Week period.
  - Nutrient differences and % of RDA that has been filled for each nutrient during a selected date range.
  - Recipe's nutrients on per serving and per 100g basis.
  - Ingredient's nutrients for portion size by RDA definitions and 100g.
  - Instructions for making a recipe with a list of ingredients, directions and notes.
  - List all recipes that contain a selected Ingredient Name/CN Code or Recipe Name/CN Code.